

## The Team

- Executive Director - Mary-Martha Hale
- Admin Assistant to the ED -Stasha

Phone number for  
Mary-Martha & Stasha  
613-688-3322

- Manager - Andrew
- Program Administrator - Sue
- Program Coordinators  
Larry—Support Services  
Liz—Social Recreation  
Cheryl—ODSP  
Application Support  
Elizabeth—Volunteer  
Rosemary—Weekend
- Social Support Workers:  
Angela, Grafton, Larry,  
Liz, Heather, Maria
- ODSP Application Support Workers:  
Cheryl, Natasha, Tara
- Chaplain - Rev.  
Gregor Sneddon

The rest of us  
may be reached at  
613-235-4351

## Dave Rayner retires from Centre 454 after 30 years!

What a celebration we had on October 19th of Dave Rayner's 30 years of dedicated service to the community!

The day opened with presentations from members of the Centre 454 community who thanked Dave for his love and support throughout the years. Bishop John Chapman and other Diocesan representatives expressed their personal thanks to Dave and expressed the great appreciation felt throughout the Diocese for Dave's Ministry. In the Bishop's words, Dave created an environment where all at the Centre were treated as Kings and Queens as an expression of God's love for all.



A number of community partners also spoke of the relationship Dave offered them as they embarked on their ministry. It was obvious to all present that Dave had nurtured them as well.

Dave's family — niece Angela, grand-niece Fiona, and nephew David — joined us for the day-long festivities and were able to see the depth of feeling expressed by so many about their favourite uncle "Big Dave". It was a pleasure for us to finally meet "the kids"!

Dave first arrived at Centre 454 in 1981 as a volunteer and soon came to discern the new path that God was calling him to follow. And follow that path he did, first as a front line worker, then as Coordinator of Social Recreation and finally as Manager of Support Services.

During his three decades of service, Dave initiated, supported and has been committed to many initiatives at Centre 454 and within the larger Ottawa community. Amongst them, education and knowledge have been, and continue to be, his great passion. He encouraged those who came to the Centre and he was a mentor to the many students and staff who worked at Centre 454 over the years.

But Dave's real commitment was to the hundreds of poor, homeless and vulnerable who came through the doors of Centre 454 seeking a place to be. A physically big man with an even bigger heart, Dave was affectionately known by the folks on the street as "Big Dave" and "Wiggy" and he touched them all with his kindness and generosity of self and spirit. He has been an example to us all — showing us how to live out the gospel message!

For those of you who were unable to attend Dave's celebration but wish to honour Dave's contribution to the community, donations can be made to the Centre 454 Creative Expressions Program or Discovery University, a non-credit university level program for people living in poverty and experiencing homelessness. Cards and letters will be forwarded to Dave.

For more information contact Stasha Labonte at [centre454@ottawa.anglican.ca](mailto:centre454@ottawa.anglican.ca).

*Mary-Martha Hale  
Executive Director*

**United Way Ottawa Campaign 2011****Changes to the designation process for Centre 454!**

Once again we are in the midst of the United Way Ottawa campaign. Centre 454 has received funding for our weekend program since 2003. We have recently submitted an application for funding for the fiscal year 2012-2013 so that we will be able to continue this much needed program.

In the past some of our donors have contributed to Centre 454 by designating their United Way contributions to the Centre by writing in "Centre 454" and using the charitable registration number of the Diocese of Ottawa that is printed on the back of this newsletter.

Since 2010, it has not been possible for those contributing through the United Way government employee campaign to write in the name "Centre 454" on the form. As a result we have experienced a dramatic reduction in designated donations.

The donations designated using the Diocese of Ottawa charitable registration number have been sent to the Diocese for disbursement. Those who designated donations through the United Way government employee campaign in the 2010 campaign and intended that Centre 454 be the recipient, are requested to notify our office at [centre454@ottawa.anglican.ca](mailto:centre454@ottawa.anglican.ca) and we will follow-up.

For those who are government employees and wish to designate donations to Centre 454 through the 2011 United Way workplace campaign, should notify Centre 454 of the amount of their designated donation and indicate whether it is a one-time donation or through payroll deduction.

**Thank you for your support of Centre 454 through the United Way Ottawa campaign!**

**MOVING ALONG ...**

Everyone at Centre 454 is very excited about returning home to St. Alban's. Our historical roots there provide a meaningful foundation for continued service to the community in a setting that offers respite and sanctuary to all who come. Our work to restore and improve the facilities will ensure that the programmes and services to help vulnerable men and women in our community are provided in a safe, comfortable and welcoming environment.

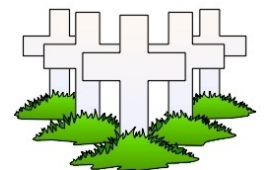
Over the past eight months, the Centre has partnered with the Diocese and the renewed parish at St. Alban's to prepare for the return. Our original plan was to move in January 2012, but like most renovation projects it often takes longer than you hoped. Tremendous progress has been made and we are blessed to have a wonderful dedicated team of professionals and volunteers who are working hard to make it happen. The plan now is to have Centre operations up and running at St. Alban's by Spring 2012 – an appropriate time for new beginnings!

We will provide regular updates as work gets underway. You can also follow the Centre's progress online at [www.centre454.ca](http://www.centre454.ca) as work moves along, and the Centre's hopes and dreams begin to blossom.

*Bev Jensen*  
*Centre 454 Management Board*

**Remembrance Day**

**November 11, 2011**



*Lest we forget*

## Centre 454 Annual Christmas Celebration — Last party at Current Cathedral Hall

This year our **Annual Christmas Celebration** will be held on **Thursday, December 8<sup>th</sup>** at Christ Church Cathedral Hall. This will be our tenth and final party at the current Cathedral Hall. So, let's have a party to remember.

The future of the Celebration will certainly mean a lot of changes, but one thing that will not change is the hospitality of the Cathedral and its desire to continue as host. Wherever we are next year, I am sure we will bring wonderful memories of parties past.

To ensure the success of this year's celebration, the Centre will need the support of the whole community. What does support mean? Support means 100 volunteers, 40 cooked turkeys and hams, delivered, 600 prepared gift bags and a ton of Christmas spirit. We anticipate that we will serve around 600 meals and give out 600 gift bags.

At the bottom of this page are instructions for three ways to support the party. There is a system in place on how to volunteer at the party, how to contribute food and/or baked goods and how to make a donation of a gift bag. One change this year is a new **check list card!** This card, in your newsletter, lists the items that make up a complete gift bag. By completing the check list and attaching it to the gift bag you will save the staff and volunteers a lot of time and energy used in sorting out the men's gifts from the women's and children's. Please do your best to securely **attach the check list to the outside of the gift bag.** We are asking those people who are donating gifts to please deliver them to the Cathedral Hall on **Sunday, December 4<sup>th</sup> between 12:00 and 3:00.**

As always, with the wonderful support of people across the Diocese and the city, I am sure we will have another fabulous Celebration at Christ Church Cathedral Hall.

All the best for the Holiday Season!

Andrew  
Manager



### FOOD DONATIONS

Need: 40 cooked turkeys  
40 cooked hams  
Tortieres, desserts,  
oranges, pop

Delivered:

**December 8<sup>th</sup>**  
Between 9:00 am-10:00 am  
Cathedral back door  
(Queen St.)

To donate:

**Call 613-235-4351 ext. 311**  
Leave your name, phone  
number and contribution,  
plus any questions you  
may have

Deadline:

**Wed. November 30<sup>th</sup>**

### GIFT DONATIONS

(see Gift Bag Checklist)

Need: 300 gift bags for Men  
300 gift bags for Women  
70 gift bags for Children  
(ages 1-12)

Delivered:

Sun. **December 4<sup>th</sup>**  
Between 12:00 pm-3:00 pm  
Christ Church Cathedral  
(Sparks St. entrance)

To donate:

**Call 613-235-4351 ext. 321**  
Leave your name, phone  
number, contribution (age  
and gender), plus any  
questions you may have  
or with numbers of gifts  
indicating for men, women or  
children.

Deadline:

**Fri. November 25<sup>th</sup>**

### VOLUNTEERING

Need: 100 people  
(2 shifts of 50)  
10:00 am-12:00 pm  
1:00 pm- 3:00 pm

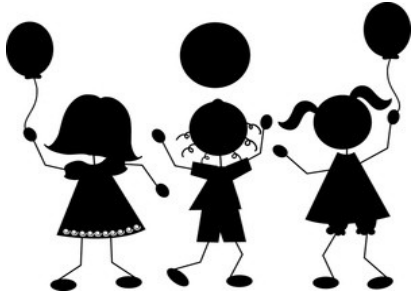
To volunteer:

Call by **Wed. November 30<sup>th</sup>**  
**613-235-4351 ext. 331**  
Leave your name and  
daytime phone  
Volunteer Coordinator will  
call you back.  
Please indicate the preferred  
shift.

On December 8<sup>th</sup>:

Sign in at Christ Church  
Cathedral lobby  
Bring your own apron  
No parking is provided  
(public parking is nearby)  
Lunch is provided from  
12:00 pm-1:00 pm





## Scenes from Dave's Retirement Party

*God speaks to each of us as he makes us,  
then walks with us silently out of the night.*

*These are the words we dimly hear:*

*You, sent out beyond your recall,  
go to the limits of your longing.  
Embody me.*

*Flare up like flame  
and make big shadows I can move in.*

*Let everything happen to you: beauty and terror.  
Just keep going. No feeling is final.  
Don't let yourself lose me.*

*Nearby is the country they call life.  
You will know it by its seriousness.*

*Give me your hand.*

*- Rilke*

Friends, go to the limits of your longing, for all your desires are ultimately for the one who is making you, fear not the flame, oh moths for God is dancing in the shadows, indeed even at the heart of the blaze...just keep going, no feeling is final, remember in your desolation, *this too will pass*, cast not your net on the tide.... Keep going to the country called life – God loves you and sees only your goodness, it is a serious thing to consider the wonders of life God has for you – more than you can ask or imagine – Love each other, forgive each other, forgive yourself, love yourself... God does...for although you may let go of God's hand, God never lets go of yours...

Blessings for a holy journey of Advent and a joyfilled celebration of *THE LIFE INDWELLING* of Christmas.

Gregor+



# Centre 454's Annual Christmas Celebration Wish List



Centre 454's Annual Christmas Party will be on  
**THURSDAY, December 8<sup>th</sup> from 10 a.m.-3p.m.**

We will be providing meals and gifts for 600 people this year and to accomplish this we will require:

**Holiday Foods:** Call the Food Coordinator to donate cooked turkeys and hams, tortières, desserts, oranges, pop and juice - to be dropped off at Christ Church Cathedral Hall before 9:00 on Thursday, Dec. 8.

**Gifts for men, women and children:** We would like to provide every adult with a gift bag that includes one of each of the following: mitts/gloves, hats, scarves, brushes/combs, socks, deodorant, toothbrush and toothpaste. (Please see the enclosed gift bag enclosure card) Christ Church Cathedral Hall will be open on Sunday, December 4<sup>th</sup> between 1:00 and 3:00 to receive gifts.

Call the Gift Coordinator for information about other gift bag drop off options.

Please note that gift bags should not be sealed.

**Volunteers:** Call the Volunteer Coordinator if you are interested in being part of this special celebration. We have various positions to fill.

To donate or volunteer, please call **613-235-4351**

Food Coordinator ext.311 / Gift Coordinator ext.321 / Volunteer Coordinator ext.331

If you have other questions, simply email [assc@ottawa.anglican.ca](mailto:assc@ottawa.anglican.ca)

## What's Happening at Centre 454

### Dates to Remember

November 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7 Begin calling Volunteer Coordinator for Christmas party	8 Begin calling Food Coordinator to donate food	9 Begin calling Gift Coordinator to donate gifts & gift bags	10	11 Remembrance Day	12
13	14	15	16	17	18	19
20	21	22	23	24	25 <b>Confirm your donation of food/gifts by today</b>	26
27	28	29	30	DECEMBER 1	DECEMBER 2	DECEMBER 3

December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4 <b>Delivery of gift bags to Cathedral HALL, Sparks St. entrance 1-3 pm</b>	5	6	7 <b>Gift wrapping at Christ Church Cathedral Hall 1:00 pm</b>	8 <b>Annual Christmas Party</b> Food Deliveries before <b>9:00 am</b>	9	10 <b>Weekend Hours</b> Open 8:30-11:30 and 12:30-2:30 Saturday ONLY
11 Centre Closed	12	13	14	15	16	17 <b>Weekend Hours</b> Open 8:30-11:30 and 12:30-2:30 Saturday ONLY
18 Centre Closed	19	20	21	22	23	24 Christmas Eve <b>Holiday Hours</b> Open 8:30-11:30 and 12:30-2:30
25 Christmas Day <b>Holiday Hours</b> Open 8:30-11:30 and 12:30-2:30	26 Boxing Day Centre Closed	27 <b>Holiday Hours</b> Open 8:30-11:30 and 12:30-2:30	28 <b>Holiday Hours</b> Open 8:30-11:30 only	29 <b>Holiday Hours</b> Open 8:30-11:30 and 12:30-2:30	30 <b>Holiday Hours</b> Open 8:30-11:30 and 12:30-2:30	31 New Years Eve <b>Holiday Hours</b> Open 8:30-11:30 and 12:30-2:30
JANUARY 01 <i>New Year's Day</i> Centre Closed						

Christmas Party Contacts at Centre 454:  
**Food Coordinator (ext.311), Gift Coordinator (ext.321), Volunteer Coordinator (ext.331)**  
**after dialing 613-235-4351**



## Travel Tales

I sat on the back porch looking onto the postage sized back yard and garden.

In early spring I had placed a statue of St. Francis, which stands about three feet tall, on a pedestal amidst two dead plants on either side.

St. Francis, who was holding two birds, was to keep watch over the comings and goings of nature. The bees, butterflies, birds, the plants and insects, the squirrels and maybe the odd raccoon.

The statue itself had some history. It had been purchased in Quebec, from a church or monastery. It had looked after their gardens.

As I sat there, I looked at the statue. From the tree dead plants at both sides of the statue had arisen many stalks with a purple hue at the top. It looked as if St. Francis was surrounded by flowers and he was emerging to bless the world.

To me this was a natural miracle formed by the plants around the statue.

I didn't try to interpret what I saw outside its naturalness. It was just there.



Darcy  
August 11, 2011



## Love and Peace, Peace and Love

### To Live

I walk by a window  
And see a family all around  
A kitchen table  
I wonder if I'll ever have  
that  
Or be stable.

To have the warmth and  
the love  
in that house  
Someday hopefully I'll have  
a family and be that  
close.

I envy those people that  
are inside.  
But I am thankful that  
I am alive.

Dakota  
10/02/2009

John, you mean a lot to me  
C'est la guerre, c'est la vie  
It's the dawn  
of a new era in history.

John, it's hard not to agree,  
love and peace is the best answer  
for you and me,  
should be the mantra of the wise and  
the free.

Peace and love, only the azure sky  
above,  
Plenty for the many,  
I love the message you send me  
A little letter from a friend.

Love and peace  
Peace and love  
Only the azure  
Sky above  
And the graceful  
Flight of the dove  
Love and peace  
Peace and love.

David M  
2011-January

## Prayers

*If I was a candle on your cake  
I'd grant your wish there is  
no mistake*

*Me I truly believe you  
should be considered a saint  
and all your  
wishes should come true.*

*As you have always got  
rid of the bad and  
Come in with the new*

*So I will pray to the  
Heavens above*

*That our Lord will  
will give you all his love  
and guide you in no  
matter what you do.*

*As you are His little  
white dove*

Dakota  
April 2011





**WISH LIST**

- Razors & Shaving Foam
- Deodorant
- Toothbrushes and toothpaste
- Socks, Underwear
- Mugs
- Shampoo & Conditioner
- Hotel-size soap bars
- Pens & Pencils
- Combs & Brushes
- Hair elastics
- Laundry Soap
- Stamps
- Bus Tickets
- Lip Balm
- Pocket-sized Kleenex

**NO OTHER CLOTHING, PLEASE**  
*Thank you!*



Thank you for  
your continued  
support and  
generosity.

Your gift is  
changing lives!!

*Tax Receipts are available  
by email, upon request*

**Centre 454 Winter Weekend Program 2011-2012**

Centre 454 is pleased to be offering program services on the weekend again this winter. Rosemary Zak is returning as program Coordinator and reports that all last winter's staff will be returning. Due to a shortfall in funding, the program will begin on December 10<sup>th</sup> and run on Saturdays only until the New Year. Beginning in January 2012, the program will be running as usual on Saturdays and Sundays, with the final weekend being March 31/April 1. All the folks here are eagerly looking forward to the start of the Weekend Program!

*Andrew  
Manager*



The Centre 454 newsletter is now available electronically. If you wish to receive the newsletter by email, please send your email address to [centre454@ottawa.anglican.ca](mailto:centre454@ottawa.anglican.ca).



Thank you !

**Yes! I want to help  
Centre 454**

- \$100    \$75    \$50    \$25    \$ \_\_\_\_\_

Please send tax receipt to:

Name: \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

Memorial and Honorary Donations are welcome and will be acknowledged to those honoured.

Name of Honouree \_\_\_\_\_

Send notification to \_\_\_\_\_

Address \_\_\_\_\_

Mail your donation to:  
**Anglican Social Services—Centre 454**  
 c/o 71 Bronson Avenue  
 Ottawa, ON K1R 6G6

Centre 454 does not publicize or share our mailing list with other organizations.

Thank you for your continued support and generosity.

Charitable registration number: 10808-4658RR0030



**Privacy Statement**

Centre 454 is grateful for the many individuals, groups, churches, and businesses that contribute time, money and needed items to our community.

Our mailing list is not shared, sold, publicized or traded with any other organization or individual.

If at any time you would like to have your name deleted from our mailing list, please let us know.