



The Beat On The Street



AUGUST 2011 NEWSLETTER

A Community Ministry of the Anglican Diocese of Ottawa

The Team

- Mary-Martha Hale - Executive Director
- Stasha - Administrative Assistant to the Executive Director

Phone number for Mary-Martha & Stasha
613-688-3322

- Andrew, Dave - Managers
- Sue - Program Administrator
- Angela, Grafton, Larry, Liz - Social Service Workers
- Cheryl, Natasha, Tara - ODSP Application Support Workers
- Elizabeth - Volunteer Program Coordinator
- Rev. Gregor Sneddon - Chaplain
- Rosemary - Participant Skills Developer
- Kendall, Morgan - Summer Students

The rest of us may be reached at
613-235-4351

"My humanity is bound up in yours, for we can only be human together"

Archbishop Desmond Tutu

The Centre 454 community is comprised of a diversity that is reflected across society: young, old, male, female, transgendered, gay, straight, religious and non-religious, rich, poor, various races and ethnicities, various abilities and disabilities, various education levels, and from all walks of working life.

This spring and summer as we have been preparing for our move to St. Alban's we have been broadening our outreach to include the surrounding neighbourhood and the Sandy Hill community. We have met with people individually, and in groups, in their homes, at their churches, at the Centre, and other community facilities.

The community has challenged us to be clear about who we are, whom we serve and how we operate. We have responded to all inquiries openly, transparently, and in good faith, and we are eager to continue working with everyone in the community to address remaining concerns.

In our work, Centre 454 is guided by the values and beliefs of the Community Ministries of the Anglican Diocese of Ottawa. In brief:

- We strive to uphold the principles of justice, advocacy and solidarity;
- We stand in mutuality with those we serve, working together towards peace, freedom, hope and well-being;
- We work to affirm and foster self respect and dignity of those we serve; and
- We advocate for the rights of those we serve with the goal of achieving justice in each of the many varied situations we face together.

As we move forward, it is important for everyone to reflect upon Archbishop Tutu's statement. How do we see the humanity of the person in front of us: In our participants and in those that challenge our strongly held values and beliefs? This is the true challenge before us all. Our task at Centre 454 is to continue to live out our values and beliefs, and this includes seeking the humanity in others.

Mary-Martha Hale
Executive Director

In Memoriam

On August 22, we lost a strong advocate for the homeless of this country. Jack Layton's legacy is contained in his final message:

"Love is better than anger. Hope is better than fear. Optimism is better than despair. So let us be loving, hopeful and optimistic. And we'll change the world."

Bless you, Jack!

Volunteers are part of our Community

For over a year now I have been very fortunate to be part of such a caring community of staff and volunteers at Centre 454. Justice, kindness and respect are the values I see here enacted day after day.

This past year has been eventful. We have had volunteers participate in different roles at the Centre. As well as placing volunteers at reception and in social recreation, community volunteers assist in the kitchen, and a retired lawyer now provides legal information and advice. Volunteers made a huge difference to our week-end program. We initiated volunteer training with Cornerstone and the Well, both Anglican Community Ministries. A special evening for volunteer recognition brought together over 35 volunteers, staff and members of the Management Board of the Centre.

Volunteers assisted with the Annual Picnic on Thursday, July 21 at Lac Philippe. And, of course, volunteers will contribute to the Annual Christmas celebration as they do every year. At these events, we see our community working together and caring about each other.

Volunteers are made to feel a part of the staff- volunteer team and become very much a part of the community at Centre 454.

Do you have a special skill or talent that you would like to offer at the Centre? Do you play a musical instrument or like to sing? Would you like to carry out a craft activity at the Centre?

Participants enjoy the various donations of freshly baked cookies or desserts. Do you like to bake? We are always looking for homemade cookies, squares, fruit loaves, or some fruit for a healthy snack?

Would you be able to hold a sock, underwear or toiletry drive in your parish, community or workplace? This summer, our greatest need is mugs. Do you have any that you are not using?

This fall we are planning volunteer training sessions to ensure that when you volunteer here you have a good sense of our values and principles, the services and programs we offer, and whom we serve.

To learn more about how you could contribute to the Centre, please attend one of our volunteer information sessions:

Monday, August 29
Tuesday, September 20
Monday, October 3
Wednesday, November 16

They are held at 443 Queen Street, at the side door, from 7 pm - 8 pm.

If you are interested in being a volunteer, please contact me at 613-235-4351 x 229 or

Elizabeth.tyrwhitt@ottawa.anglican.ca



ST. ALBAN'S OPEN HOUSE

On one of the hottest days in July, Centre 454 opened the garden and basement doors at St. Alban's and invited the neighbouring community to come in, see the space and join us in conversation about the work of the Centre and our plans for returning home. The cool lemonade offered by the parishioners of the new St. Alban's and the bountiful luncheon provided by the Parish of March were much appreciated by the 60+ people who attended. Neighbours, community members and parishioners talked with senior staff, Board members, volunteers and participants about Centre 454 programs, operations and our community life together. Everyone valued the occasion to engage in individual conversations and we were uplifted by the welcome and encouragement we received from those who visited.

The Management Board and Centre staff were eager to open our doors to the community as soon as possible after regaining access to the St. Alban's church building on July 1st. It is important to us that the community have a full understanding of what we do, whom we serve, and how we plan to deliver our programs when we return home to St. Alban's – as well as the opportunity to ask questions and express concerns.

This open house was the first in a series of events that will be hosted by Centre 454 to provide information on our plans and engage the community in our return to St. Alban's. By working together, we can ensure that Centre 454 continues to be a place of support and caring for everyone and a welcome service to the community.

Bev Jensen
Centre 454 Management Board

Centre 454 Annual Summer Picnic

Our annual picnic at Lac Phillipe was a terrific success again this year, despite having to change our location, being the hottest day of the year, and having a bus break down on the highway!



The beach originally reserved for our day was closed for the summer by the NCC due to flood damage. Park officials were very accommodating and allowed us to reschedule at another nearby beach. The weatherman forecasted a 46 degree day with the humidex and that is exactly what we got. The bus company was very quick to respond when one of the buses broke down on the side of the road.

In spite of all the little details, everyone was so pleased to be by the water. Almost everyone went directly from the buses to the water, and then stayed there until the food was ready. It was a thrill to watch the little children and the big children just playing and splashing around in the water and having a wonderful time. Although the heat was overwhelming, everyone used the abundant shade, the lake, and the beverages to manage the weather beautifully. Some folks never even left the water.

I have many people to thank for the success of the day including the beach staff, the Centre 454 staff, the volunteers and all the donors. It is when all these forces come together that we have wonderful events. So thank you all for your generosity, and for your continuing support for Centre 454 and our programs.

Andrew Cheam
Manager of Operations



What a difference a trip to the country makes for the folks who come to Centre 454!

In the car, with the advance crew for the picnic whose role is to prepare the food and barbeque, there was an air of anticipation. All of the crew shared how many Centre 454 picnics they had attended, and shared some of the great times they had had at the beach playing volleyball, or just serving the hamburgers and hotdogs.

As they lined up for lunch there were smiles, and a spirit of happiness permeated the camp ground.

For a moment, we all found some peace and happiness from the daily grind we live in. We had been touched by the goodness of creation, and the love of a community that supports each other.

Dave Rayner
Manager, Support Services





WISH LIST

- Razors & Shaving Foam
- Deodorant
- Toothbrushes and toothpaste
- Socks, Underwear
- Mugs
- Shampoo & Conditioner
- Hotel-size soap bars
- Pens & Pencils
- Combs & Brushes
- Hair elastics
- Laundry Soap
- Stamps
- Bus Tickets
- Lip Balm
- Pocket-sized Kleenex

NO OTHER CLOTHING, PLEASE
Thank you!

Thank you for your continued support and generosity.

Your gift is changing lives!!

Tax Receipts are available by email, upon request

My name is Kendall, and I am one of the summer students at Centre 454. As a summer student, one of my roles at the Centre was to find donations for the Annual Summer Picnic on July 21. These donations were used as prizes that were given out to the 130 participants who attended.

There were a variety of businesses that donated prizes for our annual event and we were fortunate to receive such items as gift certificates, gift baskets, museum passes, and much more. For a complete list of businesses that donated to the picnic, check out our website.

The picnic was enjoyed by all, with the gorgeous weather, tons of food to eat, and plenty of activities to engage in. It was wonderful to see everyone get a chance to escape the city to enjoy the beautiful summer air and lake.

We would like to thank everyone who kindly donated to our picnic. Your generosity goes a long way in making this day for our participants even more special.

The Centre 454 newsletter is now available electronically. If you wish to receive the newsletter by email, please send your email address to centre454@ottawa.anglican.ca.
Thank you!

Yes! I want to help Centre 454

\$100
 \$75
 \$50
 \$25
 \$ _____

Please send tax receipt to:

Name: _____

Address: _____

City: _____

Memorial and Honorary Donations are welcome and will be acknowledged to those honoured.

Name of Honouree: _____

Send notification to: _____

Address: _____

Mail your donation to:
Anglican Social Services—Centre 454
71 Bronson Avenue
Ottawa, ON K1R 6G6

Centre 454 does not publicize or share our mailing list with other organizations.

Thank you for your continued support and generosity.

Charitable registration number: 10808-4658RR0030

Privacy Statement

Centre 454 is grateful for the many individuals, groups, churches, and businesses that contribute time, money and needed items to our community.

Our mailing list is not shared, sold, publicized or traded with any other organization or individual.

If at any time you would like to have your name deleted from our mailing list, please let us know.